



MONTANA STATE PRISON OPERATIONAL PROCEDURE

Procedure:	MSP HS D-05.0 MEDICAL DIETS
Effective Date:	01/01/2017 Page 1 of 2
Revision Date(s):	10/01/2020; 06/30/2026
Public Safety Chief Signature:	/s/ John Schaffer, Public Safety Chief
Medical Director Signature:	/s/ Dr. Paul Rees, MD
Health Services Bureau Chief Signature:	/s/ Cynthia McGillis-Hiner, RN, MSN

I. PURPOSE

Medical diets are provided to enhance patient health and are modified when necessary to meet requirements related to clinical conditions.

II. DEFINITIONS (see Glossary)

III. REQUIREMENTS

A. Specific Requirements

1. The facility administrator will:
 - a. establish a daily food allowance that satisfies basic nutrition standards; and
 - b. ensure the facility provides offenders 3 daily meals (except for special weekend and holiday brunch meals or other food service options authorized by the administrator to provide variety or to accommodate other activities).
2. Medical diets are provided per prescriber order and documented in the Electronic Health Record (EHR).
 - a. The Special Needs Committee will review medical diet requests from providers for appropriateness and clinical indication.
 - b. Short term diet changes may be ordered by a Qualified Health Care Professional (QHCP) when guided by nursing protocol.
3. Orders for medical diets are communicated through the EHR to the registered dietitian nutritionist (RDN) and/or dietary staff daily and include the type of diet, the duration for which it is to be provided, and any special instructions, if indicated.
 - a. Diet changes made in the EHR will result in daily EHR notification to the RDN and/or dietary staff email distribution list.
4. At least annually, an RDN documents a review of all medical diets for nutritional adequacy.
 - a. Documentation of menu reviews will occur as noted in *DOC 4.3.2 Menu Planning* and will include date, signature, and title of the RDN.
5. Workers who prepare medical diets are supervised and trained in diet preparation by dietary staff.
6. When an inmate declines prescribed medical diets, follow up nutritional counseling is provided by prescriber or QHCP.
 - a. RDNs provide dietary consultations to inmates as needed.
 - b. Chronic care nurse provides additional education and counseling as needed.

IV. CLOSING

Questions about this procedure should be directed to the Medical Health Services Manager.

V. REFERENCES

A. *NCCHC Standard P-D-05, 2018*